

From Our Pastor

As we have done for many years, we will be distributing the annual "All In" Report to our parishioners next weekend. You will receive the report via email, and Jason Castelluccio, finance committee chair, will speak (via video) at all the Masses on the highlights. (There will be limited copies in print.)

I, the Staff and the Finance Council provide this report not only by obligation but in order to convey to you the status of our parish ministries and finances, and for engaged reviewing of it by you, our parishioners. It is important for the parish to chronicle and report back to parishioners our progress with various programs and ministries.

While reporting on our financial status is important, I also see this information as an exercise in stewardship since it provides how we as a parish have dedicated our time, our talent, and our treasure, the financial resources of Saint Helen. Stewardship refers to caring for the people and other resources that God has created. In other words, it's caring for something on God's behalf because the act of caring enriches our lives.

The four pillars of stewardship are Hospitality, Prayer, Formation, and Service. These pillars are seen as the key areas for our faith community to live out a life of stewardship, which involves recognizing all gifts as coming from God and responding with gratitude by sharing one's time, talent, and treasure.

I feel we are very much focused on hospitality and being a welcoming and kind community, both within the parish and to those who are new or in need. We focus on prayer as we nurture a relationship with God through personal, family, and communal prayer. We have many ministries focused on formation including continuous

learning, growth, and conversion, which involves deepening one's understanding of faith and stewardship. And finally, we use our service ministries to take action to help others less fortunate than ourselves and putting one's faith into practice by using individual gifts to help others and the wider community

As readers, you will hear in the voices and words of parishioners and the impact of the parish and ministry on them and their family. We have much to celebrate at Saint Helen - but we can never grow complacent but ever energized to proclaim and live the Good News, that is the Gospel. The "All In" Report is a time of both accountability as well as celebration. Let us celebrate all we have achieved this year.

In closing, I also want to remind you that our annual Mass of Anointing, for those who are experiencing suffering in body or mind will take place next Saturday, November 22, 2025, at 12:00 Noon in the Church. This would include those preparing for surgery or the elderly. Let us always keep each other in our prayers, especially the sick and the suffering.

God Bless You All,
Msgr. Tom



Parish Community of Saint Helen

Thanks for joining us today!



Weekday Mass Schedule

Monday - Saturday | 9am

Weekend Mass Schedule

Saturday | 5pm
Sunday 8am | 10am* | 12pm | 6pm
*Livestreamed on YouTube and Facebook

Reconciliation Saturday 4pm

Follow Us On Social

-  /sthelenwestfield
-  @sainthelennj
-  Parish Community of Saint Helen
-  @sainthelennj
-  @sainthelennj

New? Welcome!

We're so glad you are visiting us today! Text CONNECT to 908-860-8444 to get a virtual connect card and learn more about our parish community!

Have Kids?

We have amazing programs for kids at Saint Helen at our 10am Sunday Mass, including Kids Corner for ages 2 through Kindergarten across the parking lot and Children's Liturgy of the Word for those in Grades 1-4!

Next Steps

Want to learn more? Visit sainthelen.org/more to learn more about our events and programs!



SaintHelen

Msgr. Tom Nydegger, *Pastor*
November 16, 2025

SaintHelen.org
908-232-1214

What's Happening

Ageless The Chosen

Starts Wed, Nov 12 | 9:45-11:30am

Season 3 of The Chosen! Meets every Wednesday until the conclusion of Season 3. Each session will include a brief background, scripture reference, episode viewing, and discussion. Email ageless@sainthelen.org if you will be joining us.

Mental Health Ministry

Tuesday, November 18 at 9:45am in Meaney Hall

Rejuvenate Your Wellness, Tuesday, November 18 at 9:45am in Meaney Hall: Dr Rick Rutkowski, a Doctor of Physical Therapy will be joining us to highlight the aging process and how to improve it physically and cognitively. Questions? Contact Liz Migneco at lmigneco@sainthelen.org

Mass of Anointing

Saturday, November 22, 2025 at 12:00 Noon

We will celebrate an Mass of Anointing of the Sick on November 22, 2025 at 12:00 Noon. This sacrament can be received by a Catholic who has a serious illness, is anticipating surgery or is elderly. All are invited to be anointed or to support those being anointed.

Arts & Environment

Please consider donating your time to help Arts & Environment prepare the church for Advent & Christmas. There are many times and dates available throughout the season to help that can be viewed at the link below. We especially need volunteers who can do some heavy-lifting and aren't afraid of heights! Email arts@sainthelen.org for more information.

Christmas Concert

=Friday, December 5th 2025 at 7:00pm

"Our God is With Us" Christmas Concert and Sing-Along Join us for a heartwarming evening of music and celebration at our Christmas Concert. This year, we're excited to once again unite with the choir from IHM in Scotch Plains and our very own Hummingbirds children's choir. Immerse yourself in the hope, peace, joy and love of Christmas

Mass Intentions

Weekend of November 15/16, 2025

5:00pm - Jose Antonio Nieves
8:00am - Maria Perez Dorta
10:00am - Kenneth Ford
12:00pm - Clare M. Brennan
6:00pm - Pedro & Otilia Neito

Daily Mass Intentions

Nov 17 - Francesco Vacca
Nov 18 - Rayna Dias
Nov 19 - Richard Henderson
Nov 20 - Concetta Parlavecchio
Nov 21 - Stella Chapman
Nov 22 - Catherine Brown

Weekly Mass Association:

Thomas Gabuzda
Ryan Zadrozny
Ilias Riginos
James Graham
Mary Jane Graham
Mrs. Lee

Sanctuary Candle:

Brian Bilcher

Hospitality Ministry

As hospitality ministers, you don't just open doors, you open hearts. Every greeting, every gesture of care, helps others encounter the love and warmth of God. Before the first song is sung or the first prayer is spoken, grace begins with you: in your smile, your kindness, your welcome. A simple "welcome" becomes sacred. You make strangers feel like family and remind all who enter that God's house is a home for everyone. Is this something you would like to be a part of? We would love to have you as a Minister of Hospitality. Please reach out to Gail Laughlin (973-985-1411 or glaughlin1@gmail.com) or Eileen Passananti (908-868-9471 or epassananti@gmail.com with any questions you may have or to learn more.

The Heritage Fund

The Heritage Fund is a restricted fund account established to allow parishioners and others to make donations or bequests that fund parish needs, improvements and programs.

We request that support of the Heritage Fund is in addition to a parishioner's regular weekly offertory gift. The ability to donate restricted funds has always existed but it is now being brought in under the banner of the Heritage Fund and a concerted effort is being made to make everyone more aware of the opportunity to support the parish in different and varied ways.

Information on the Heritage Fund is available here and will include a list of items currently under consideration for funding. This listing will be a fluid one that adds to it as needs present or demand. It will also provide the status of items currently being funded and indicate the successful completion of others.

As the name indicates, these funds can only be used for the intended purpose for which they are designated. They are not considered ordinary income like the Sunday and holiday collections. These funds are not intended to replace weekly giving, or any future decision for a capital campaign for major parish projects.

The donor must specify the item(s) or program(s) where they want the funds to be used. If you do not know to what item you would like to direct your gift, the pastor is willing to offer direction.

Donations can be made at any time by utilizing the "Heritage Fund" link on the parish website (sainthelen.org/heritage) and payment can be made by credit card, check, stock redemption or cash. For estate planning purposes it is recommended that a bequest specifying a dollar amount or percentage of estate value naming "Saint Helen Heritage Fund" be made in a will.

Stay Connected

Text the keyword to 908-860-8444 :

- CONNECT - Connect card for guests
- FAMILY - CFC Family Ministry updates
- HELEN - General parish updates
- KIDS - Kids corner updates
- GIVE - Give to Saint Helen

Ways to Give

- Online at sainthelen.org/give
- Text GIVE to 908-860-8444
- Venmo @sainthelennj
- Mail your contribution to:
1600 Rahway Avenue
Westfield, NJ 07090

Some suggestions by staff and parishioner requests might include, but not limited to:

- Religious Appointments – crucifixes, statues, icons, reliefs, stained glass windows
- Liturgical Appointments – Vestments, chalices, ciboria, liturgical books,
- Program Related – supporting or expanding existing programs, initiating new programs, sponsorships for trips or pilgrimages, or speakers.

Past Gifts Given Include:

- 33 Days to Euacharist Glory books for Lent
- Youth Ministry - Rome Trip
- New Piano for Chapel
- Religious Education - six new folding tables
- Little Books: Advent, Lent, Easter
- 1st Communion Mass Booklets
- Thanksgiving Bread
- Two Chalices
- Mental Health Day Supplies
- Church Maintenance: eSpace Project
- Flowers for Altar; Church
- Hearing Assistance Equipment
- 3,000 Car Magnets for Christmas
- Holy Communion Lunch
- Easter Flowers